NJ Camden

Don't let sickness get in the way of your life. If you're sick, you can take care of your health and still get your work done.

 mysickdays.nj.gov
Now have the right to paid sick time. Full-time, part-time and temporary workers are eligible under the law.

Use sick time to care for yourself or a family member – the definition of family is generous:
• for physical/mental illness or wellness care
• to cope with domestic or sexual violence
• to attend a meeting at your child’s school

Workers earn 1 hour of sick leave for every 30 hours they work, up to 40 hours per year.

It’s against the law for your employer to punish you for using sick leave you’ve earned, or to make you find a replacement for your shift. Your employer may not ask for documentation unless it’s more than 3 days in a row.

Workers can use their paid sick leave starting Feb. 26, 2019.

To learn more, visit mysickdays.nj.gov
For information on other rights and benefits, visit nj.gov/labor